

QP CODE: 102011

Reg.No:.....

First Post Basic B.Sc Nursing Examinations-September 2013

NUTRITION & DIETETICS

Time: 2 Hours

Total Marks: 35

- Answer all questions
- Draw diagrams wherever necessary

Essay: (10)

1. Discuss the nutritional requirements in old age. List the principles of good geriatric nutrition. (4+6=10)

Short notes: (5x3=15)

2. Diet in renal failure.
3. Protein sparing action of carbohydrate.
4. Clinical features of vitamin C deficiency.
5. Nutritional needs in infancy
6. Nutrition education methods

Answer briefly: (5x2=10)

7. Clear fluid diet
8. Food hygiene
9. Define therapeutic diet
10. Vitamin A prophylaxis programme.
11. Faulty food habits replaced by Sources and daily requirement of calcium
